



WALEA

Business Strategies

As a non-profit information platform on the topic of mental health, WALEA pursues various goals. These include scientifically sound and comprehensive information and education about various clinical pictures and treatment options, as well as the development of a network. In addition, WALEA creates easier access to offers of help and support for those affected, relatives and interested parties. Destigmatization and promotion of personal initiative by people with mental health problems are also discussed. The goals also include guidance on self-care.

Core Technologies and Services

In addition to lectures on the subject of mental health, WALEA also offers extensive information material. There is also a database offering appropriate support. The offers of help are easily accessible locally and online.